

**SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY**

**SAULT STE. MARIE, ONTARIO**



Sault College

**COURSE OUTLINE**

**COURSE TITLE:** The Spirit of Caring  
**CODE NO. :** OPA207 **SEMESTER:** 2 & 4  
**PROGRAM:** Occupational Therapist Assistant/Physiotherapist Assistant  
**AUTHOR:** Joanna MacDougall  
**DATE:** January 2005 **PREVIOUS OUTLINE DATED:** N/A  
**APPROVED:**

\_\_\_\_\_  
**DEAN**

\_\_\_\_\_  
**DATE**

**TOTAL CREDITS:** 3  
**PREREQUISITE(S):** OPA200  
**HOURS/WEEK:** 3

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*For additional information, please contact the Dean,*  
*School of Health and Human Services*  
*(705) 759-2554, Ext. 603/689*

**I. COURSE DESCRIPTION:**

This course will provide the students with the opportunity to explore the concept of Spirituality, and to inspire them to develop one's own Spiritual Awareness. Becoming spiritually aware as a Health Care Professional, each student will have unlimited access to one's most valuable and unique resources of caring and valuing others with respect, and dignity.

Students will be encouraged and guided to develop the richness of their own talents and skills, and to use them effectively while engaged with other individuals or groups. The skill of positive, non-judgmental and encouraging dialogue with others will be demonstrated in a variety of readings, video materials, and it will be practiced in the classroom.

Each student will be challenged to find his or her own daily opportunities to grow, and to share life with others. In small groups, students will be able to examine their skill of connecting, and making constructive contributions to their families, co-workers, and clients.

The condition of Happiness in Life will be examined throughout the entire course.

**II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:**

In general, this course addresses Learning Outcomes of the Program Standards in: communication skills (1, 2, 3, 6), safety (1, 2), professional competence (1, 2, 5, 6, 7), documentation skills (1, 5, 6) and application skills (1, 2, 6). It addresses all of the Generic Skills Learning Outcomes, with the exception of mathematical skills(4).

- 1. Demonstrate a level of Spiritual Awareness that will match the corporate culture and language at the contemporary health care institutions that focus on holistic care.**
- 2. Demonstrate a high level of self-awareness and self-confidence in interactions with other care givers and with clients.**
- 3. Demonstrate the ability to engage clients in healing dialogue that would result in "relaxation response" of the client.**
- 4. Develop the skill to help clients accept their situation and find meaning in the midst of suffering.**
- 5. Develop and impart a significantly reduced fear of suffering, death or other misfortune, and would be prepared to engage into a helping relationship with the client in a given situation.**

**III. TOPICS:**

1. Understanding “**Inclusive Spirituality**” and “**Religious Spirituality**” – healthcare setting application.
2. **Human Conversations** – reasons, motivations, goals, etc.  
The healing power of questions vs. the confusing effect of answers.  
Functional relationships within the specific “corporate culture” environment.
3. **Wisdom**: oral traditions, literature, messages & messengers, interpretations, translations. Social and Spiritual values.
4. **Spiritual Awareness** in professional relationships
5. **Silence** – the power of “Being Present”. The healing power of silence.
6. The silence of **death**.
7. The phenomenon of Religion as “Exclusive Spirituality”.  
The **power of religious beliefs** at the end of life.
8. Reaching out for a deeper **understanding** of the mystery of life.  
Coping with the **fear of suffering and death**.
9. The “**healing circles**” – restoring internal balance.
10. **Staying “connected”** – maintaining spiritual awareness daily.  
Practicing “**relaxation respond**”.
11. **Oneness with Everything** – the new consciousness.
12. The experience of Being Alive and the “Pick Experience”.  
Understanding the “**dance of life**”
13. **Journey toward Healing** – with, or without Curing.

**IV. REQUIRED RESOURCES/TEXTS/MATERIALS:**

Fitzhenry, Robert. (1998) The Fitzhenry and Whiteside Book of Quotations.  
(4<sup>th</sup>) ed. Fitzhenry and Whiteside.

**V. EVALUATION PROCESS/GRADING SYSTEM:**

1. A combination of tests and assignments will be used to evaluate student achievement of the course objectives. A description of the evaluation methods follows and will be discussed by the teacher within the first two weeks of class.
2. All tests/exams are the property of Sault College.
3. Students missing any of the tests or exams because of illness or other serious reason must notify the professor **BEFORE** the test or exam. The professor reserves the right to request documents to support the student’s request.
4. Those students who have notified the professor of their absence that day will be eligible to arrange an opportunity as soon as possible to write the test or exam at another time. Those students who **DO NOT NOTIFY** the professor will receive a zero for that test or exam.

V. EVALUATION PROCESS/GRADING SYSTEM:

5. For assignments to be handed in, the policies of the program will be followed. For assignments not handed in by the due date, the mark received will be zero. Extensions will be granted if requested in writing at least 24 hours before the due date. There will be a deduction of one percent per day for every school day late with the permission of an extension. This means that if you requested an extension for 5 school days (1 week), 5 percentage points will be deducted from the final grade.
6. A supplemental exam may be written by students who meet the following criteria. The student must achieve at least a grade of 45% in the course. The student must have attended at least 80% of the classes. The supplemental exam will then cover the entire course and will be worth 100% of the student's final mark.

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	2.00
C	60 - 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

**Note:** For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

**VI. SPECIAL NOTES:**

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Rights and Responsibilities*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

**VII. PRIOR LEARNING ASSESSMENT:**

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

**VIII. DIRECT CREDIT TRANSFERS:**

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.